 My Self-Monitoring Checklist

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Today I am working on (do this part with your teacher):

Completing my classwork Having respectful behavior Making good choices

Being kind to others Keeping my hands to myself Listening to my teachers

**Morning Class**

Did I….?

Complete my classwork Have respectful behavior Make good choices

Be kind to others Keep my hands to myself Listen to my teachers

Ask for help when I needed Help others in need Do a good job

**Special (1)**

Did I….?

Complete my classwork Have respectful behavior Make good choices

Be kind to others Keep my hands to myself Listen to my teachers

Ask for help when I needed Help others in need Do a good job

**Special (2)**

Did I….?

Complete my classwork Have respectful behavior Make good choices

Be kind to others Keep my hands to myself Listen to my teachers

Ask for help when I needed Help others in need Do a good job

**Afternoon Class**

Did I….?

Complete my classwork Have respectful behavior Make good choices

Be kind to others Keep my hands to myself Listen to my teachers

Ask for help when I needed Help others in need Do a good job

**Overall today I:** Did a great job! Did okay, but want to do better. Tried, but did not do my best. (Circle one)